



SYRACUSE CITY SCHOOL DISTRICT

Jaime Alicea, Superintendent of Schools

Office of Teaching and Learning

Laura Kelley, Chief Academic Officer

March 20, 2020

Dear High School Families,

We have been working very hard to ensure that your students will be able to remain engaged in learning during this time that they are unable to report to school. We have generated resources at the district level and we know that individual schools and your child’s teachers have also been providing resources for your children to engage in learning at home.

In order to keep this process as clear and simple as possible, we have created a sample schedule for children in grades 9-12. This schedule will provide a routine that supports continued learning, promotes social emotional health, and encourages physical activity and healthy habits. If your child’s school or teacher has already provided a schedule that is different, or if you have one that works for your family, please feel free to use that instead.

When it comes to the academic time, **please prioritize anything that was sent home from your child’s classroom teacher or school.** If those activities get exhausted, you also have access to the following resources provided by the District Office. You can find them at www.syracusecityschools.com/coronavirus.

There are also some options offered by WCNY/PBS. Please see the district website for a schedule of educational programming available on WCNY PBS (Channels: Over the Air 24.1, Spectrum 1221, Verizon FiOS 11/511, DirecTV 24.1, and DISH 24). More will be coming in future weeks; keep your eye on the district website for more information on that as it comes.

If you are a health care worker in need of child care during the closure of schools, please call (315) 446-1220 for information and assistance.

Best,

Laura Kelley

Sample Learning from Home Schedule High School

Time	Suggested Activities
9:00-12:00	<ul style="list-style-type: none"> • Eat breakfast and get ready for the day (shower, get dressed, brush teeth, etc.) • 120 minutes of academic time (using resources provided by school or district; feel free to break it up into 30-60 minute chunks) <ul style="list-style-type: none"> ○ Digital Content/Coursework ○ Paper/Pencil Work

	<ul style="list-style-type: none"> ○ Reading and/or Writing ● 30 minutes of physical activity ● 30 minutes free time
Lunch Time!	
12:30-3:00	<ul style="list-style-type: none"> ● 90 minutes of academic time (using resources provided by school or district) <ul style="list-style-type: none"> ○ Digital Content/Coursework ○ Paper/Pencil Work ○ Reading and/or Writing ● 30 minutes of physical activity ● 30 minutes free time