

Daily COVID Self-Check



Answer **yes** to anything? Stay home!

Check for the following symptoms:

- Temperature at or above 100.0 °F
- Sore throat
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with a fever



Check if your child...

- Has someone in the household currently diagnosed with COVID-19?
- Has had close contact with a person with confirmed COVID-19? (Within 6 feet of infected person for at least 15 minutes)
- Has traveled to an area where the state health department is reporting large numbers of COVID-19 cases?

**HEALTHY
TOGETHER**

What you need to know.



**SYRACUSE
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