

Getting There


BIG
Question

What tools can we use to achieve our goals?

Share What You Know



Do It!

- 1** Draw a picture of a treasure. Hide your picture in the classroom.
- 2** Make a treasure map. Show how to get to the treasure.
- 3** Trade maps with a partner. Find each other's treasure.





Language Frames

- Do you know _____ ?
- Should I _____ ?
- You should/should not _____ .

Ask for and Give Advice

Listen to the dialogue between José and Marta.
Then use **Language Frames** with a partner. Ask for and give advice about a goal you have.

Dialogue ((MP3)) 

1.



I want to enter a Junior Olympics swim race. Do you know when I need to sign up?

You should sign up before April 10th at the Recreation Center.

2.



I'm wondering which race to enter. Should I sign up for the 400-meter race?

Have you competed in the 400-meter race before?

3.



No, but . . .

Then you should not try to swim such a long race. Swim the 100-meter race first. And good luck!

Key Words

distance
feet
kilometer
measurement
meter
unit

Key Words

Use **Key Words** and other words to talk about **units** of **measurement** in a race.

A 5K Race



The race is called a 5K because runners cover a **distance** of five **kilometers**.



Meter Stick

- A **meter** is about 3 **feet**.
- A kilometer is 1,000 meters.

Talk Together

Suppose you want to train for a race. What tools could you use to achieve your goal? Use **Language Frames** from page 484 and **Key Words** to ask for and give advice with a partner.

More Key Words

Use these words to talk about "Running Shoes" and "Two Clever Plans."

achieve

(u-chēv) *verb*



To **achieve** means to get something that you work for. What did this girl **achieve**?

direction

(du-rek-shun) *noun*



When you move toward something, you move in that **direction**. The arrow shows the **direction** of the road.

estimate

(es-tu-māt) *verb*



When you make a guess about something, you **estimate**. Can you **estimate** how many coins are in the jar?

goal

(gōl) *noun*



A **goal** is something that you want to do. His **goal** is to catch the ball.

strategy

(stra-tu-jē) *noun*



A **strategy** is a plan for success. She has a **strategy** for winning.

Talk Together

Make a Vocabulary Example Chart for each **Key Word**. Then compare your charts with a partner's.

Word	Definition	My Example
strategy	a plan	my soccer team's plan to win



Word	Definition	My Example

Fun Run

Grammar Rules Regular Past-Tense Verbs

Use past-tense verbs to tell about something that already happened.

1. For most verbs, add **-ed**.

talk → talked

2. If a verb ends in silent **e**, drop the **e** and add **-ed**.


live → lived

3. If a one-syllable verb ends in one vowel and one consonant, double the consonant and add **-ed**.

tap → tapped

Fill in the blanks with past-tense verbs.

My friend _____ me to go to a "fun run" with her. I _____
 (ask) (enjoy)
 it, but I had one problem. When the race _____, I _____ over
 (start) (trip)
 my shoelace and fell down! My friend _____ me up. Other
 (help)
 runners _____ to see if I was okay. I _____ up and kept
 (stop) (jump)
 running. The rest of the race was fun. The runners _____ and
 (laugh)
 _____ during the race. When it _____, we _____ delicious
 (chat) (end) (share)
 cookies. Yum! It was truly a fun run!

 Tell a partner about something you did last weekend.
 Use past-tense verbs.

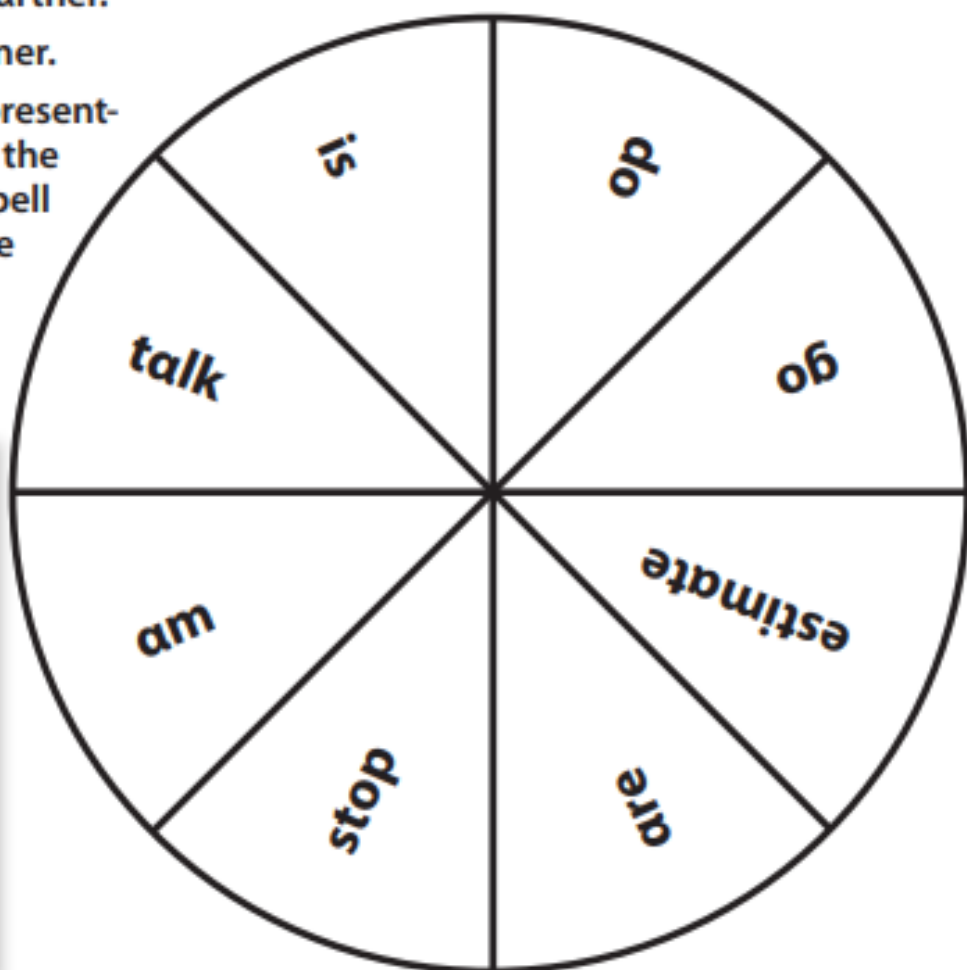
From Present to Past

Grammar Rules Past Tense: Irregular Verbs



Some verbs change in special ways to show an action in the past:

Now:	am/is	are	do/does	go/goes
Past:	was	were	did	went

1. Play with a partner.
2. Spin the spinner.
3. Change the present-tense verb to the past tense. Spell the past-tense form and use it in a sentence.



Make a Spinner

1. Push a brad  through the center of the spinner.
2. Open the brad on the back.
3. Hook a paper clip  over the brad on the front to make a spinner.

Goal and Outcome

A **goal** is something you want to do or achieve. The **outcome** is what happens. Connecting goal and outcome helps you understand what you read, see, or hear.

Look at these pictures about José's goal. Read the text.



José wants to be
in a swim race.



He signs up for
the race.



He trains a lot.



He competes in
the big race.

An icon of an open book with the words "Read Aloud" written inside in red text.

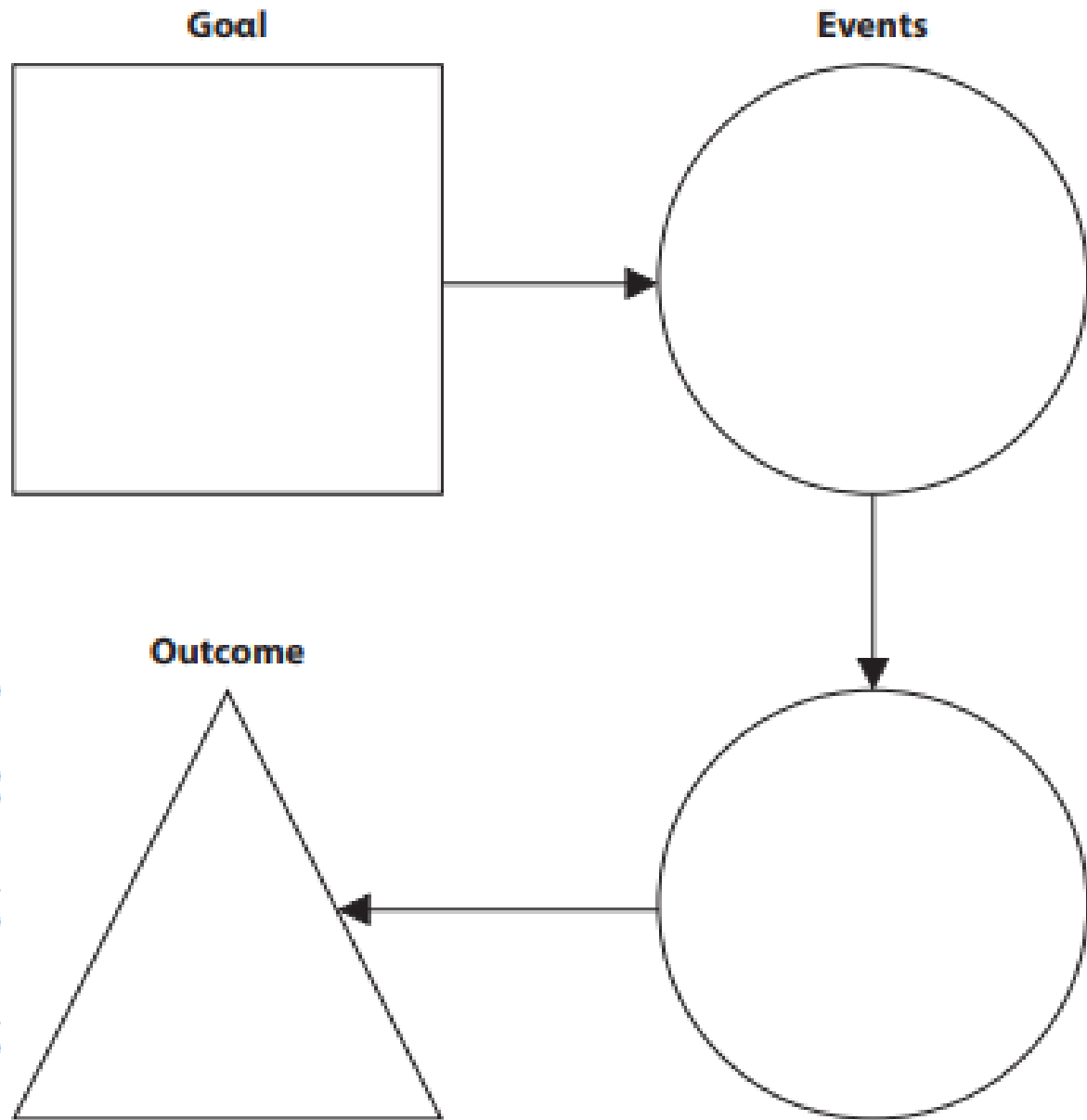
Read
Aloud


The Big Race

José has a goal. He wants to swim in a race. First, he signs up for the race. Then, he trains every morning. Finally, it's the big day. José swims as fast as he can. José doesn't win the race, but he knows he did his best.

The Big Race

Make a story map about a goal and outcome in life.



 Talk with a partner about how each event relates to the goal and the outcome.