

**Important Phone Numbers/Locations in case you are in need of these services during the Corona Virus (COVID-19) outbreak**

**ASSISTANCE WITH OBTAINING FOOD**

**Closest Breakfast & Lunch Sites OPEN 10am-12pm MONDAY-FRIDAY**

(Listed on SCSD website)

\*Delaware Primary School 900 S. Geddes Street, Syracuse, NY 13204

\*Seymour Elementary School 108 Shonnard Street, Syracuse, NY 13204

**Food Consortium (315)474-8855**

\*Help find the closest food pantry and meal sites in Onondaga County.

**Local Restaurants providing free food**

Wings Over Syracuse offer 1 free meal a day to students

Big Mike's Market serve 1 free pizza 3xs/day

A La Mode Café and Catering offering free bag lunches to students 11-1pm call 315-446-6716 to reserve or walk-in

**ASSISTANCE WITH EMOTIONAL/MENTAL WELL-BEING AND SUPPORT**

**Contact Hotline** (support for the social, emotional, behavioral and mental health of children, youth, and adults)

1-315-251-0600

Hours: 24/7

<http://contactsyracuse.org>

**Hutchings Psychiatric Center (315)426-3600**

\*Comprehensive, community-based mental health facility providing an integrated network of inpatient and outpatient services for children and adults residing in the Central New York region.

**Liberty Resources**

Sarah Bower, School-Based Therapist

If your child is a client of Liberty Resources please contact them directly (315)425-1004

**National Suicide Prevention Lifeline 1-800-273-8255**

\*24 hours a day, 7 days a week, toll-free hotline available to anyone in suicide crisis or emotional distress.

**STOMP Out Bullying Helpline**

Youth 13-24

HelpChat Line

Hours: Sun, Wed, Sat 8pm-12am

Mon 6:30-10:30pm

Tues 3pm-10pm

Thurs 6pm-3am

Fri 5pm-10pm

[www.stompoutbullying.org](http://www.stompoutbullying.org)

**Upstate Golisano Children's Hospital (315)464-5540**

Children's hospital in Syracuse, NY

Specializing in medical and mental health needs

### **ASSISTANCE WITH TRANSPORTATION**

**Public Transportation Centro** (315)442-3400

If bus tokens are needed please contact the school, Syracuse Stem @ Blodgett (315)435-4386

**SCSD Transportation Department** General information (315)435-4260

### **ASSISTANCE WITH HOUSEHOLD/PERSONAL ITEMS**

#### **Rescue Mission**

200 Gifford Street

Syracuse, NY

Provides free clothing and diapers to homeless and low-income individuals and families. Also offers household goods, depending on availability. Provides a free onsite laundry facility for families; families must sign up in advance to do laundry.

#### **Salvation Army of Onondaga County**

667 South Salina Street

Syracuse, NY

Assists individuals and families once every month by providing enough food for 3 days. (Special circumstances warrant more frequent aid.) There is also assistance in applying for Food Stamps, WIC, or other benefits, if eligible. Hygiene items, diapers, baby food, and formula are available

### **OTHER IMPORTANT NUMBERS/RESOURCES**

**Onondaga County Health Department 1-888-364-3065**

\*Questions about the Corona Virus (COViD-19)? Call for frequently asked questions.

#### **Spectrum Cable/Internet Provider**

Free services to those students for 60 days due to school closures. Installation fees will be waived to those eligible. Contact 1-844-488-8398

Please also continue to check out <http://www.syracusecityschools.com/> for the latest information regarding next steps the school district is taking to address the Coronavirus COVID-19 pandemic in addition, to resources about how to support your child's learning at home.

