



# STEP: Success Through Early Prevention

## Request Packet for Professional Development

*School administration may request behavioral intervention and management training for the staff.*

### A request for STEP/Professional Development is appropriate when:

- Teachers want strategies to cultivate a safer classroom environment, foster meaningful teacher-student relationships and reduce negative student behaviors.
- School or classroom discipline data indicate a need for targeted best-practice behavioral strategies and interventions.
- PBIS universal systems, data and practices are in place, and administration is ready to strengthen and support the delivery, execution and outcomes of Tier II/III behavioral interventions

### Instructions:

**Complete page 2** if your administration would like STEP staff to provide professional development in one of the described areas on page 3. Other topics may be requested.  
To complete, save Word document to your computer first.

**Please fax or email to Susan VanCamp:**  
**315-251-2218 (Fax)**  
**svancamp@contactsyracuse.org**

Susan VanCamp, Director School Services  
Contact Community Services  
6311 Court Street Road  
East Syracuse, NY 13057  
315-251-1400 x 122

## Building Request for STEP Professional Development

*For Syracuse City School District Schools—all levels*

Name of School: \_\_\_\_\_ Requesting Administrator: \_\_\_\_\_

School Contact Person: \_\_\_\_\_ Contact Person's Phone Number: \_\_\_\_\_

School Staff to be included in any communication from STEP regarding this request: \_\_\_\_\_

Possible dates for professional development to be provided (please indicate in order of preference):

	<b>Date</b>	<b>Time Period</b>	<b>Location</b>
<b>1</b>			
<b>2</b>			
<b>3</b>			
<b>4</b>			
<b>5</b>			

**Topic of professional development being requested (see description on next page):**

- Functional Behavioral Assessment (FBA) and Behavior Intervention Plan (BIP) design/ monitoring
- Student Targeted Aggression Replacement Training (START)
- Positive Behavioral Strategies for the Classroom
- Child-Specific Behavioral Interventions
- Parent Engagement Strategies
- Mental Health First Aid
- Other Requested Topic: \_\_\_\_\_

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## Professional Development Trainings

All Trainings are Limited to 25 People

- 1. Functional Behavioral Assessments (FBA)** – An evidence-based problem-solving process for addressing student problem behavior. Behavioral interventions are more effective when they are based upon an understanding of “why” a student misbehaves. FBAs assist in identifying significant, pupil-specific social, affective, cognitive, and/or environmental factors associated with specific behaviors. **Behavior Intervention Plans (BIPs)** – BIPs are a strength-based strategy that assists the child to adapt to his surroundings by restructuring the environment *and* the child’s response to that environment. Using the information from an FBA, a child-specific plan provides access to the desired behavior through behavioral modification. *This is a 12-hour training.*
- 2. Student Targeted Aggression Replacement Training (START)** – An evidence-based program that has been widely implemented in school, delinquency, and mental health settings. START is a multi-modal, cognitive-behavioral intervention for kindergarten through 12<sup>th</sup> grade designed to improve the social skill competence, anger control, and moral reasoning skills of chronically aggressive adolescents and young children. *This is a 12-hour training.*
- 3. Positive Behavioral Strategies for the Classroom** – Focuses on strategies to cultivate a safe classroom environment, foster meaningful teacher-student relationships, and reduce negative student behaviors. Through this 6-hour training, educational staff will learn how to lead, engage, and connect their students to learning. *This is a 6-hour training.*
- 4. Child-Specific Interventions** – Staff will present specific examples of challenging student behaviors in order to accurately interpret meaning of the behavior. They will apply the A-B-C problem-solving process to target behaviors of concern, and receive strategies to manage problematic behaviors of general education and special education students in a classroom setting. *This is a 2-hour training.*
- 5. Parent Engagement Strategies** – School staff will learn techniques for fostering proactive and positive Parent/School relationships, including increasing cultural awareness and dealing with disengaged parents. The training will focus on developing communication strategies with parents in order to promote student learning and success. *This is a 1-hour training.*
- 6. Mental Health First Aid** – Trains community members to help a person who is developing a mental health problem or experiencing mental health crisis. The training addresses risk factors, warning signs, impacts, prevalence, and common treatments of mental health problems. MHFA also equips participants to address stigma and increase community awareness and understanding of mental health issues, including depression, substance abuse, anxiety disorders, and psychosis. *This is an 8-hour training, and is scheduled through Contact Community Services as time and space are available.*