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| **UNIT: Career Ready Practices** | **LESSON: Personal health and** **Financial well being** | **LESSON SEQUENCE IN UNIT: #3** |
| **Learning Objective:** |
| **Students will be able to attend to personal health and financial well being** |
| **Content Focus—What will students learn?** |
| Career Ready Practices | Career Cluster Standards | Common Core Learning Standards | Bloom’s Taxonomy |
| #3 To attend to personal health and financial well being#4 Communicate clearly and effectively and with reasonLP for #6 on urban farming can build on this lesson |  |  | [x] Creating[x] Evaluating[x] Analyzing[x] Applying[x] Understanding[x] Remembering |
| **Lesson Outline—What learning activities will students do?** |
| Time | Sequence | Description of Learning Activity |
|  | Get Started/Engage | Begin with the question: What is more important to you Health or Wealth (money)? |
|  | Discover/Explain: Provide new information or demonstrate a skill | Have students describe what it means to them * “to be Healthy”
* “to be financially fit”

Discuss as a class |
|  | Practice: Provide opportunities to practice independently or in groups | Group discussion – be ready to argue your side (opinion)Does health and finances go hand in hand? (any correlation)Are wealthier people more healthy?Are people living in poverty less health on average?Prepare a presentation on a Health or Financial topicSuggested topic will be made by teacher/presenterStudents will prepare a presentation to teach the class about their topic |
|  | Check for Understanding: Monitor what is being learned | Teacher will observe and listen to group discussions. Ask questions for understanding and to help groups when necessary |
|  | Close: Summarize, check, and answer questions | Presentations |
|  | Support, Modifications, and Extensions | This lesson can be a one or two period activity.  |
| **Materials and Resources—What do you need to assemble and prepare before the lesson?** |
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| **Reflection—Did the students learn the content outlined in the lesson focus? Why or why not?** |
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